**ABSTRAK**

PT.Jebe Koko Indonesia adalah perusahaan yang bergerak dalam bidang pengolahan biji kokoa, pada saat melakukan studi lapangan ditemukan aktivitas yang berisiko terjadinya keluhan Muscholoskeletal disorder (MSDs), tepatnya pada departemen rework. Aktivitas rework di PT. Jebe Koko Indonesia dilakukan pekerja secara manual. Kegiatan pemindahan dan memasukkan produk kedalam mesin dilakukansecara terus-menerus dapat menyebabkan resiko musculoskeletal disorders pada pekerja. Penyebaran kuesioner Nordic Body Map diketahui beberapa keluhan yang dialami pekerja dalam proses rework.

Metode Ovako Work Analysis System (OWAS) untuk mengidentifikasi dan menganalisis sikap kerja para pekerja Postur kerja operator di PT. JEBE KOKO INDONESIA mulai dari lengan atas, lengan bawah, pegelangan tangan, batang tubuh, leher, dan kaki. Hasil perhitungan metode OWAS diperoleh level kategori 3 yang artinya harus ada perbaikan sesegera mungkin dan metode RULA memiliki skor tinggi yaitu 7 dan nilai action level 4, yang artinya harus dilakukkan perbaikan sesegera mungkin.

Hasil perhitungan menunjukan beberapa postur tubuh pekerja menyebabkan resiko musculo skeletal sehingga perlu dilakukan perbaikan secepatnya.Usulan perbaikan disusun dengan cara membuat skenario perubahan postur kerja dengan membandingkan postur kerja saat ini dengan postur kerja OWAS dan RULA.

Kata Kunci: Postur Kerja, Ergonomi Risk, Postur Kerja OWAS, Postur Kerja RULA.

**ABSTRAK**

*PT. Jebe Koko Indonesia is a bussiness in the sector processing of cocoa beans, At the time of preliminary studies in the field, there are some cause of complaint Musculoskeletal disorders (MSDs),tht is in the rework department. rework activities at PT. Jebe Koko Indonesia are carried out manually by workers. The activity of moving and entering the product into the machine continuously can cause a risk of musculoskeletal disorders in workers. The distribution of the Nordic Body Map questionnaire revealed several complaints experienced by workers in the rework process.*

*This study use Ovako Work Analysis System (OWAS) methods to identify and analyze the attitude of workers CV. Prima Java Comaco.. Operator work posture at PT. JEBE KOKO INDONESIA starts from the upper arms, forearms, arms, torso, neck and legs. The results of the OWAS method calculation are obtained at category 3 level, which means that there must be repairs as soon as possible and the RULA method has a high score of 7 and level 4 action values, which means repairs as soon as possible.*

*The calculation results show that some of the workers' postures cause musculoskeletal risk so that repairs should be done as soon as possible. Improvement proposals are prepared by creating a scenario for changing work postures by comparing the current work posture with the OWAS and RULA work postures.*

*Keywords: Work Posture, Ergonomic Risk, OWAS Work Posture, RULA Work Posture.*